



THE ALTERNATIVE CLINIC

FOR EXTERNAL INJURIES AND INTERNAL DISEASE

Clinical Training at The Alternative Clinic What to Expect & Code of Conduct

Thank you for your interest in clinical training at The Alternative Clinic. Please read through the following information, and return a signed copy of these guidelines to us via e-mail prior to the start of your training.

Observers

Observers are at the clinic to observe what we call Tangible Medicine. It is an excellent way to stretch one's understanding of clinical medicine and see if the training courses offered are a good fit before committing to attending any of our programs. For participants who have completed an ATS training program, observing in the clinic will bring to life the seminar material and allow a better integration into personal practice. As we limit participants on any clinic shift, please note that once clinical observation hours are booked, clinical observation fees are not refundable or transferable for any reason.

Costs for observers are:

\$100 for a 4 hour shift, or

\$200 for a full day of observation

Clinical Immersion

Licensed practitioners who have completed the Tangible Acupuncture for Internal Diseases and Tangible Acupuncture for External Injuries programs are eligible to earn a 300 hour clinical immersion program certificate. While herbal understanding is strongly encouraged, completion of ATS online herbal programs is not required. Participants begin by observing treatments, then assisting the practitioners' treatments until their skill level is accessed. For those who demonstrate a clear proficiency in applying the treatment skills learned in the Tangible Acupuncture programs, they will finish treatments following the protocols given by the attending practitioner.

Costs for participation in the immersion program:

\$4,500 for 300 hour program commitment. Hours can be completed at the discretion of the participant however availability is on a first come first serve basis. Please confirm dates of attendance to ensure there is space before booking travel. All 300 hours must be completed within 36 months of registration. Payment is due in full prior to beginning clinical hours and is not refundable for any reason.

Application Process:

To sign up for clinical observation, please send an e-mail with requested dates of attendance. Space preference is given to participants in the clinical immersion program. A credit card is required to confirm your observation dates. Once confirmed observation fees are not refundable for any reason.

To apply for the in depth clinical immersion program, please contact us by e-mail. Limited space is available Monday through Friday from 9-5pm.

CEU Certification:

If you are joining us for a short term observation, please be sure to ask the front desk to print a CEU certificate at the end of your training shift. It is your responsibility to obtain this paper and to keep it for your licensure and reaccreditation. Training shifts are approved for CEU credit through the California Acupuncture Board under the title "Medical Grand Rounds" for 4 hours. If you are training for a full 8 hour day, please make sure to receive two certificates for each day. We are unable to provide partial credit. You must be present for a minimum of 4 hours to receive a certificate of completion.

Travel:

Asheville has an airport conveniently located 15 minutes from town. Airport code is AVL. Being a small airport,



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flights do end up costing a bit more money to fly into Asheville, so you may wish to fly into Greenville or Charlotte and take an airport shuttle into Asheville. For international flights, connecting through Newark or Chicago is a good choice as both of these cities have direct flights into Asheville.

Accommodations:

Please see the attached recommended accommodations sheet.

Parking:

There is limited parking in the downtown area. The meters on the street have a two hour time limit, however street parking by Greenlife Grocery store and the neighboring gas station is free and does not have time restrictions. There are affordable parking garages in the downtown area, and a flat rate parking lot across from Dobra Tea house on Lexington. In the morning parking is easy to find, but by noon parking is very difficult to find in downtown especially during tourist seasons.

Shift Payment:

A credit card is held on file to confirm your space. Prior to the start of your shift, please visit our front desk to check in and pay for your clinical hours. We accept cash and credit card only.

Personal Belongings Storage:

We have very limited storage in the clinic. Please do not bring large items with you. We do have a secure place for a small bag/wallet/keys and coat.

Shift Times:

Half Day shifts are 8:30-12:30 & 1-5pm. Please arrive 15 minutes before your shift time begins for a brief discussion of the cases scheduled. The clinic is closed for a half hour lunch from 12:30-1:00pm. If you bring food or snacks, you are welcome to consume them within this time frame. We do not have facilities to heat up food. We do have tea and filtered water available. If you use one of our tea cups we ask that you dispose of tea leaves and wash your cup at the end of the shift.

Hygiene:

Please be aware of personal hygiene, and do not apply strong essential oils or perfumes.

Clinic Dress Code:

- Men: black collared shirt, khaki or black pants and closed toe clean black shoes.
 - Women: black top and black bottoms. Please no low cut / cleavage revealing tops. Black pants, skirt or shorts that fall past the knee are acceptable. Closed toe clean black shoes.
- * Please do not ask us to make exceptions or send an e-mail to inquire about straying from these clear guidelines.

Other:

Please do not engage in conversation with the patients or offer advice or comments, engage with the practitioners, suggest acupoints or ask "why did you do this" or "why did you not use XYZ acupoint, or why are you using that herb". We make every effort to ensure that your time at The Alternative Clinic is a valuable learning experience, however, please do not underestimate the benefit of quiet observation. It is not from one hour or one day of observing, but rather from days, weeks or months of observing a skilled practitioner that one can glean an understanding. Depending on the treatment and the condition of the patient, it may be inappropriate to talk or discuss the treatment in front of the patient. If you have questions, write them down. We make every effort to discuss cases at the end of the day.

Please be respectful of the treatment space, keeping conversations in the pharmacy to a low volume. Please turn



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off your cell phone and store it with your belongings. Do not keep your cell phone with you. While it may seem commonplace today to utilize the phone to look up points and herbs, it is not appropriate to be looking at a phone during treatments, and conveys an image of non-professionalism.

I have read and accept these guidelines for my clinical training while at the Alternative Clinic.

Signed By

Date



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Rentals In Asheville

recommended by past clinic & seminar participants

* Room in Private House - 15 minute walk to clinic. Prices vary by season & availability
<https://www.airbnb.co.uk/rooms/1054757>

* Super 8 on Tunnel Road - free breakfast, public bus to clinic, close to mall & grocery stores

* Private house in nice neighborhood near downtown - 20 minute walk to clinic
Contact Name: Nan Chase Home- (828) 225-1705 Cell- (828) 719-9217

* Airbnb at 47 Buchanan Avenue. Prices vary by season & availability
<https://www.airbnb.it/rooms/4921557>

* Asheville Hostel and guesthouse. A private room is 50\$ a room, room with 2 beds is 50 (25 per person) its clean, and the beds are comfortable. The staff is pretty friendly, and its about a 7 minute walk from the clinic.

* Grey Rock Inn. Prices vary from \$65.00 and up. Nice location only five or six blocks away with grocery store right next door. You can only book through Airbnb.

GREY ROCK INN
100 BILTMORE AVE
ASHEVILLE N.C. 28801

* Sweet Peas Hostel on Lexington around the corner from the clinic. About 39\$ a night with tax. Clean, no smoking or drinking. Bar on the first floor; Thursday thru Saturday nights the rooms are very noisy.

* Four Points Sheraton downtown. Within walking distance to clinic with good breakfast restaurant in the hotel. The rooms are nice, quite and comfortable. \$130 per night on non-peak times.