



# THE ALTERNATIVE CLINIC

## FOR EXTERNAL INJURIES AND INTERNAL DISEASE

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### Clinical Training at The Alternative Clinic What to Expect & Code of Conduct

Thank you for your interest in clinical training at The Alternative Clinic. Please read through the following information, and return a signed copy of these guidelines to us via e-mail prior to the start of your training.

#### Observation / Immersion Programs:

- Single day observation: \$240.

This program allows a licensed practitioner to spend one day in the clinic observing our work to better understand the clinic, its practitioners and the patient base/treatments given. Approved for 8 hours of CEU credit by the California Acupuncture Board.

- 300 hour observation program: \$4,500.

This program is designed to be completed in 3 months of concentrated training or within concentrated blocks of 2-4 weeks. This program provides a certificate of completion as well as CEUs and must be completed within 24 months.

- 100 hour immersion observation program: \$2,000.

This program is designed to be completed in a single immersion of 3 weeks or in week blocks. This program provides a certificate of completion as well as CEUs and must be completed within 12 months.

- 30 hour exposure observation program: \$750.

This program is designed to be completed in a single week of observation. This program is approved for 30 hours of CEU credit by the California Acupuncture Board.

#### Application Process:

To sign up for clinical observation, please send an e-mail with requested dates of attendance. A credit card is required to confirm your observation dates and are not refundable.

Space limited to two observers per practitioner; treatment schedule is typically is 9-5  
Monday: practitioner JulieAnn Nugent-Head & Andrew Nugent-Head (Andrew afternoons only)  
Tuesday: practitioners Andrew Nugent-Head & David Trevino  
Wednesday: practitioners JulieAnn Nugent-Head & Andrew Nugent-Head  
Thursday: practitioners Andrew Nugent-Head & David Trevino  
Friday: practitioners JulieAnn Nugent-Head & David Trevino

#### CEU Certification:

If you need to certify your training hours for licensure, be sure to ask the front desk to print CEU certificates at the end of your training shift. It is your responsibility to obtain this paper and to keep it for your licensure and reaccreditation. Training shifts are approved for CEU credit through the California Acupuncture Board under the title "Medical Grand Rounds".

#### Travel:

Asheville airport (AVL) is 15 minutes from town. Being a small airport, flights do cost more to fly directly into Asheville. Other options are Greenville or Charlotte, taking a shuttle into Asheville. The clinic is in the heart of downtown and is easily walkable if you find accommodations nearby. For sightseeing or hikes, vehicle transportation is preferable. For international flights, connecting through Newark or Chicago is a good choice, as both of those cities have a direct flight to Asheville.



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### Accommodations:

Please see the attached recommended accommodations sheet.

### Parking:

There is limited parking in the downtown area. Metered parking has a two hour time limit, however parking by Greenlife Grocery store and the neighboring gas station is free and does not have time restrictions. There are affordable parking garages in the downtown area, and a flat rate parking lot across from Dobra Tea house on Lexington. In the morning parking is easy to find, but by noon parking is very difficult to find especially during tourist seasons.

### Shift Payment:

A credit card is held on file to confirm your space, but payment is due on date of observation. We accept cash and credit card only.

### Personal Belongings Storage:

We have very limited storage in the clinic. Please do not bring large items with you. We do have a secure place for a small bag/wallet/keys and coat.

### Shift Times:

Treatment hours are 9-5pm, however emergency patients may be scheduled in before or after this time. Please arrive 15 minutes early for a brief discussion of the cases scheduled. Practitioners take a brief lunch break from 12:30-1:10pm. If you bring food or snacks, you are welcome to store them in the fridge, however we do not have facilities to heat up food. We do have tea and filtered water available. If you use one of our tea cups we ask that you dispose of tea leaves and wash your cup at the end of the shift.

### Hygiene:

Please be aware of personal hygiene, and do not apply strong essential oils or perfumes. Long hair needs to be pulled back.

### Clinic Dress Code:

- Men: black collared professional looking shirt. Hoodies and t-shirts are not acceptable. Khaki pants and closed toe clean professional looking shoes.
- Women: black professional looking top and conservative jewelry. Please no low cut / cleavage revealing shirts. Black pants, skirt or shorts are acceptable. Shorts and skirts must be knee length or longer. Closed toe clean black shoes.

### Other:

Please do not engage in conversation with the patients or practitioners while with patients. We work to ensure that your time at The Alternative Clinic is a valuable learning experience, however, please consider the benefit of quiet observation. Depending on the treatment and the condition of the patient, it is often inappropriate to openly discuss the case / diagnosis or strategy, and casual conversation is often disruptive and consumes valuable treatment time. If you have questions, write them down. We discuss cases at the end of the day.

Please be respectful of the treatment space, keeping conversations in the pharmacy to a low volume. Please turn off your cell phone and store it with your belongings. **Do not keep your cell phone with you.** While it may seem acceptable to utilize the phone to look up points and herbs, looking at your phone conveys an image of non-professionalism to the practitioner and patient.

I have read and accept these guidelines for my clinical training while at the Alternative Clinic. Please sign this form and return page 4 to the clinic.



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Signed By

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Date

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## **Rentals In Asheville**

recommended by past clinic & seminar participants

\* Room in Private House - 15 minute walk to clinic. Prices vary by season & availability  
<https://www.airbnb.co.uk/rooms/1054757>

\* Super 8 on Tunnel Road - free breakfast, public bus to clinic, close to mall & grocery stores

\* Private house in nice neighborhood near downtown - 20 minute walk to clinic  
Contact Name: Nan Chase      Home- (828) 225-1705      Cell- (828) 719-9217

\* Airbnb at 47 Buchanan Avenue. Prices vary by season & availability  
<https://www.airbnb.it/rooms/4921557>

\* Asheville Hostel and guesthouse. A private room is 50\$ a room, room with 2 beds is 50 (25 per person) its clean, and the beds are comfortable. The staff is pretty friendly, and its about a 7 minute walk from the clinic.

\* Grey Rock Inn. Prices vary from \$65.00 and up. Nice location only five or six blocks away with grocery store right next door. You can only book through Airbnb.

GREY ROCK INN  
100 BILTMORE AVE  
ASHEVILLE N.C. 28801

\* Sweet Peas Hostel on Lexington around the corner from the clinic. About 39\$ a night with tax. Clean, no smoking or drinking. Bar on the first floor; Thursday thru Saturday nights the rooms are very noisy.

\* Four Points Sheraton downtown. Within walking distance to clinic with good breakfast restaurant in the hotel. The rooms are nice, quite and comfortable. \$130 per night on non-peak times.